Acupuncture Medicine Its Historical And Clinical Background

Using modern knowledge to shed light on ancient techniques, this text examines two of the earliest therapeutic techniques of Chinese medicine: acupuncture and moxibustion. Acupuncture is the implantation of very thin needles into subcutaneous connective tissue and muscle at a great number of different points on the body's surface; moxibustion is the burning of Artemisia tindens (moxa) either directly on the skin or just above it. For 2500 years the Chinese have used both techniques to relieve pain and to heal a wide variety of illnesses and malfunctions. Providing a full historical account of acupuncture and moxibustion in the theoretical structure of Chinese medicine, Doctors Lu and Needham combine it with a rationale of the two techniques in the light of modern scientific knowledge.

Energy Medicine East and West: A Natural History of Qi provides a unique, comprehensive overview of Qi or bioenergy for students and practitioners of energy medicines, Chinese and Oriental Medicine, and all disciplines of Complementary and Integrative Medicine. Mayer and Micozzi start with a comparative historical account of the ancient concepts of Qi and vital energy before covering theories of Qi, a discussion of the organized therapeutic modalities based upon Qi and its applications to specific health and medical conditions. Contributions are included from international experts in the field. The book moves from anatomical and bioenergetic complementarity of Western vital energy and Eastern Qi, through convergence of perspectives and models to demonstrations of how the traditional therapies are being melded together in a new, original and creative synthesis. David Mayor and Marc Micozzi are experienced medical practitioners, authors and editors. David Mayor has been actively involved in bioenergy research, practice and publishing for over 30 years, and is author/editor of Electroacupuncture: A practical manual and resource (2007), as well as other acupuncture texts and studies. Marc Micozzi is Professor in the Department of Physiology and Biophysics at Georgetown University School of Medicine, Washington, DC. As author/editor of Fundamentals of Complementary & Alternative Medicine, 4E (2011), and 25 other books, he has been writing, editing and teaching on bioenergy, Qi and related topics for 20 years. Endorsements "This wonderful book has assembled some 25 authors expressing well a view of qi which entirely does justice to its nature. Meticulously referenced, it is a milestone to set beside Maciocia Foundations of Chinese Medicine and Deadmans Manual of Acupuncture. Here at last are the beginnings of a true science of qi...There is truly nothing like it in contemporary literature. Alone, it lays the foundation for the beginnings of a modern science of qi."Richard Bertschinger, Acupuncturist and translator, Somerset, UK. "This book offers a timely and thorough examination of the experience and nature of qi, including a series of fascinating philosophical discussions with a direct application to our patients. Required reading for acupuncture practitioners seeking to justify and clarify their clinical reasoning."Val Hopwood PhD FCSP, Physiotherapist, acupuncturist, researcher and educator; Course director, MSC Acupuncture, Coventry University, UK. "Over the last decade most books on Asian medicine paid tribute to the aura of evidence-based medicine – experience counted little, RCTs were convincing. This book, at last, returns to an old tradition of debate, opening up quite a few new horizons. Reading it, my striving for knowledge was married with enjoyment and happiness. This book made me happy!" Thomas Ots MD PhD, Medical acupuncturist specialising in psychiatry, Graz, Austria; Editor-in-Chief, Deutsche Zeitschrift für Akupunktur. "To simply review the chapter headings is to know the truly remarkable expanse of this book...a wonderful bridge between the mysteries of the East and the sciences of the West...well documented, well written, and enlarging both. Enlightening...nicely depicts outstanding advances in energy psychotherapeutics, thus ultimately helping to move forward the human condition."Maurie D Pressman MD, Emeritus Clinical Professor of Psychiatry, Temple University School of Medicine, Philadelphia, PA; Emeritus Chairman of Psychiatry, Albert Einstein Medical Center, Philadelphia PA; past President, International Society for the Study of Subtle Energies and Energy Medicine, Lafayette, CO, USA.

Medical care in nineteenth-century China was spectacularly pluralistic: herbalists, shamans, bone-setters, midwives, priests, and a few medical missionaries from the West all competed for patients. This book examines the dichotomy between "Western" and "Chinese" medicine, showing how it has been greatly exaggerated. As missionaries went to lengths to make their medicine more acceptable to Chinese patients, modernizers of Chinese medicine worked to become more "scientific" by eradicating superstition and creating modern institutions. Andrews challenges the supposed superiority of Western medicine in China while showing how "traditional" Chinese medicine was deliberately created in the image of a modern scientific practice.

Acupunture patients who want the nitty-gritty of such needling techniques as depth, placement, and needle type should read The Art of Acupuncture Techniques. It's unique historical perspective preserves theoretime concepts that haven't been taught in China since the Cultural Revolution. If you really want to know what's going on during treatment, whether you're seeking relief from a skin condition, angina, or infertility, it's right on target.

The first text on bloodletting therapy for Western practitioners of Chinese medicine, this authoritative text explores the theory and function of bloodletting, and provides detailed instruction on its clinical use. Bloodletting therapy, which works to remove internal and external disruptions to the system through the withdrawal of small quantities of blood, has numerous benefits, especially concerning the treatment of complex or chronic disease. Yet the technique is often met with alarm in the West and side-lined in favour of less controversial treatments such as fine-needle acupuncture, and moxibustion. This book provides a concise overview of its theory, historical and contemporary relevance, and clinical guidance. With detailed reference to the classic texts, the author clarifies the fundamental Chinese medical theory related to blood and the network vessels, and provides an in-depth discussion of the benefits of and practice guidelines for bloodletting. The book includes a chapter on the classical acupuncture techniques of Tung Ching Chang whose work is attracting increasing attention in the West. Through the exploration of classic texts and contemporary standards, the book provides everything needed to gain a comprehensive understanding of the technique and to encourage its use as a viable treatment option in the West. It will be an invaluable addition to the resources available for acupuncturists, as well as students and practitioners of Chinese medicine more generally, including those interested in all Chinese approaches to health.

This volume continues the Proceedings of the Calgary History of Medicine Days series which publishes the work of young and emerging researchers in the field, hence providing a unique publishing format. This series is intended to foster interdisciplinary collaboration and research, and to provide a platform for the dissemination of new research findings. The papers included in this volume cover a wide range of topics, from the history of acupuncture in China, to the effects of war on medicine, and to modern conceptions of blood and circulation. Furthermore, it includes the paper given by the conference's internationally renowned keynote speaker, Dr Thomas Schlich, Professor of History and History of Medicine at McGill University, Quebec. In addition, it gathers together all the abstracts of the conference for documentation purposes, and is well-illustrated with images and diagrams pertaining to the history of medicine.

This illustrated history is a comprehensive introduction to Chinese healing practices across time and cultures. Global contributions by 58 scholars in archaeology, history, anthropology, religion, and medicine make this a vital resource for those working in East Asian or world history, medical history, anthropology, biomedicine, and healing arts.
Award Winner! Pocket Atlas of Chinese Medicine has won first prize at the Association of American Publishers’ PROSE Awards and been recognized as the best nursing and allied health text published in 2009. Pocket Atlas of Chinese Medicine offers so much more and is so much more clearly, articulately and professionally presented than it can, and should, replace the earlier best-selling The Web That Has No Weaver. - Blue Poppy Enterprises March 2011

A traditional medicine with up-to-date applications, Chinese Medicine is gaining steady acceptance throughout the world. In this exquisitely illustrated Pocket Atlas of Chinese Medicine, written by a renowned team of international experts, readers will find a concise yet comprehensive synopsis of the entire field. From the clinical practice of acupuncture and moxibustion to Chinese herbal medicine and nutrition therapy, Tai Ji, Qi Gong, and Tuina, the book offers a deep understanding of the underlying theory, characteristics, and fundamental concepts of Chinese Medicine, as well as its philosophical and cultural basis. For those needing a single volume overview of this broad and multi-faceted field, this book is unrivaled. Highlights

Comprehensive coverage of the basic tenets of Chinese Medicine, from its historical roots to modern scientific research, methods, and findings
Innovative chapter on diagnosis in Chinese Medicine
Practical discussion of Chinese herbs and their usage

This book summarizes the recent development in acupuncture research and in particular, the neurobiology of acupuncture. It provides a focus but a diverse range of subjects covering many body systems. The first few chapters discuss the basic principles of acupuncture, then its modulatory effects on nervous system such as induction of neurotrophin and neurogenesis in the brain. Late chapters explore the clinical effects and potential mechanisms of acupuncture on different conditions ranging from neurological diseases such as Parkinson’s, Alzheimer’s, and stroke, to psychiatric illnesses, insomnia, hypertension, gastrointestinal diseases and drug addiction.

Incorporating orthodox medical theory and the existing evidenced-base for the use of acupuncture therapy, Acupuncture for IVF and Assisted Reproduction enables acupuncture practitioners to provide appropriate advice regarding diagnoses, orthodox tests and investigations, and tailor acupuncture treatment according to the stage of the fertility cycle, and associated underlying condition. An essential manual for all practitioners working in this area, or planning to do so.

Pocket Atlas of Chinese Medicine is a must-have resource for students and practitioners of Chinese Medicine, acupuncture, and complementary medicine, including medical doctors in acupuncture training. General physicians interested in expanding their services will also benefit from the wealth of information in this practical guide.

Traditional Chinese medicine (TCM) originated from the traditional medical system in the Chinese civilization, with influences from the Daoist and Chinese folk traditions in bodily cultivation and longevity techniques. In the past few decades, TCM has become one of the leading alternative medical systems in the United States. This book demonstrates the fluidity of a medical ideological system with a rich history of methodological development and internal theoretical conflicts, continuing to transform in our postmodern world where people and ideas transcend geographic, ethnic, and linguistic limitations. The unique and ancient Chinese medical ideologies and paradigms, although renowned in the West, are crucially limited for the American society are crucial nutrients for the localization of TCM, while the constant traffic of travelers and immigrants foster the globalizing tendency of TCM. The practitioners in this book represent an incredible range of clinical applications, personal styles, theoretical rationalizations, and business models. What really unifies all these practitioners is not their specific practices but the goal of these practices. The shared goal is to strive for health, not just health in terms of the lack of illness but the ultimate health of achieving perfect balance in every aspect of the being of a person—physically, mentally, spiritually, and energetically.

Acorns delineates the future of humanity as a reunification of intellect with the Deep Self. Having chosen to focus upon ego (established securely by the time of Christ), much more beta brain wave development will destroy our species and others, which process has already begun. We create our own realities through beliefs, intents and desires and we were in and out of probabilities constantly. Feelings follow beliefs, not the other way around.

Incorporating orthodox medical theory and the existing evidenced-base for the use of acupuncture therapy, Acupuncture for IVF and Assisted Reproduction enables acupuncture practitioners to provide appropriate advice regarding diagnoses, orthodox tests and investigations, and tailor acupuncture treatment according to the stage of the fertility cycle, and associated underlying condition. An essential manual for all practitioners working in this area, or planning to do so. Simplifies complex information into easily accessible and understandable material
Explains reproductive anatomy and physiology from the perspectives of both orthodox medicine and TCM
Explains the underlying basis of orthodox medical fertility tests and investigations
Explores the pathology and aetiology of TCM syndromes
Provides detailed information on how to take a fertility medical history and how to diagnose TCM syndromes
Provides evidence for the influence of various lifestyle factors on fertility and ART success rates
Provides guidelines on how to regulate the menstrual cycle in preparation for IVF treatment
Explains how common fertility-related conditions such as endometriosis
Polycystic Ovary Syndrome, thyroid disease, and male factor infertility affect ART success rates
Explains how to adapt acupuncture treatment to different ART protocols
Provides case history templates, algorithmic acupuncture treatment pathways and patient fact sheets
Explains how to manage patients with complex medical histories
Looks at Repeated Implantation Failure, reproductive immunology dysfunction, and recurrent miscarriages
Explains how to support patients if their IVF is unsuccessful and how to treat patients during early pregnancy
Examines ethical considerations relevant to fertility acupuncture practice

This book summarises the recent development in acupuncture research and in particular, the neurobiology of acupuncture. It provides a focus but a diverse range of subjects covering many body systems. The first few chapters discuss the basic principles of acupuncture, then its modulatory effects on nervous system such as induction of neurotrophin and neurogenesis in the brain. Late chapters explore the clinical effects and potential mechanisms of acupuncture on different conditions ranging from neurological diseases such as Parkinson’s, Alzheimer’s, and stroke, to psychiatric illnesses, insomnia, hypertension, gastrointestinal diseases and drug addiction. We believe this will promote the understanding acupuncture treatment and enhance acupuncture research in the future. This volume of International Review of Neurobiology brings together cutting-edge education research on the neurobiology of acupuncture. It reviews current knowledge and understanding, provides a starting point for researchers and practitioners entering the field, and builds a platform for further research and discovery.

A leading authority explains the ideas and practice of Chinese medicine from its beginnings in antiquity to today. Paul U. Unschild describes medicine's close connection with culture and politics throughout Chinese history. He brings together texts, techniques, and worldviews to understand changing Chinese attitudes toward healing and the significance of traditional Chinese medicine in both China and the Western world. Unschild reveals the emergence of a Chinese medical tradition built around a new understanding of the human being, considering beliefs in the influence of cosmology, numerology, and the supernatural on the health of the living. He describes the variety of therapeutic approaches in Chinese culture, the history of pharmacology and techniques such as acupuncture, and the global exchange of medical knowledge. Insights are offered into the twentieth-century decline of traditional medicine, as military defeats caused reformers and revolutionaries to import medical knowledge as part of the construction of a new China. Unschild also recounts the reception of traditional Chinese medicine in the West since the 1970s, where it is often considered an alternative to Western medicine at the same time as China seeks to incorporate elements of its medical traditions into a scientific framework. This concise and compelling introduction to medical thought and history suggests that Chinese medicine is also a guide to Chinese civilization.

Starting with historical background, including the origins and meanings of concepts essential to the practice of acupuncture, the text proceeds to a discussion of the anatomical and pathophysiological concepts of Oriental medicine, concluding with a detailed review of diagnostic methods. A practical guide for lay practitioners as well as healthcare professionals. 114 black-and-white illustrations.

An exponential growth in medicine and therapeutic procedure has been possible only in modern science. The sciences in general are a post-Renaissance development. The disciplines developed in its methods have superseded those of previous traditions. Therapeutic traditions progressed in human biology, their practices helping to cure or alleviate
some of the ailments perceived in the lore of human constitution. Whatever its interpretation, bio-physiology has a substantial species continuity enabling a social use for Traditional Therapies. A rationale for them within medicine and its science must be established. Investigating Chinese Acupuncture may suggest an approach to the scientific potential of other Traditional Therapeutics and, importantly, address the issue of public safety. Knowledge transmitted through European, Asian, Arab and Persian civilisations includes medical traditions that contributed to the Renaissance development of Medical Sciences. Acupuncture today is indeed a constructive metaphor for transacting and developing specific traditional therapeutic methods in Health Systems of nations, while acknowledging limitations and improving safe delivery.

The Reader's Guide to the History of Science looks at the literature of science in some 550 entries on individuals (Einstein), institutions and disciplines (Mathematics), general themes (Romantic Science) and central concepts (Paradigm and Fact). The history of science is construed widely to include the history of medicine and technology as is reflected in the range of disciplines from which the international team of 200 contributors are drawn.

Drawing on his extensive experience and study in the field, Charles Buck presents an authoritative and accessible account of the history of acupuncture and Chinese medicine. The book provides an accurate overview, focussing on the key developments that are of most practical relevance to clinicians of today.

Designed for survey courses in the field A History of Medicine presents a wide-ranging overview for those seeking a solid grounding in the medical history of Western and non-Western cultures. Invaluable to instructors promoting the history of medicine in pre-professional training, and stressing major themes in the history of medicine, this third edition continues to stimulate further exploration of the events, methodologies, and theories that have shaped medical practices in decades past and continue to do so today. Written by widely respected acupuncture expert Yun-tao Ma, PhD, Lac, Biomedical Acupuncture for Sports and Trauma Rehabilitation shows techniques that will enhance athletic performance, accelerate recovery after intensive workouts, and speed trauma rehabilitation after injuries or surgeries. Evidence-based research is used to support the best and most effective techniques, with over 100 illustrations showing anatomy, injury, and clinical procedures. Unlike many other acupuncture books, this book uses a Western approach to make it easier to understand rationales, master techniques, and integrate biomedical acupuncture into your practice. "Finally, a well-referenced, common sense approach to dry needling in sports medicine that discusses maintenance, overtraining, and the effect of the stress response in athletes. This is a long-awaited book that will leave you feeling comfortable with a technique that is very useful not only for athletes, but for all patients of your practice."

Rey Ximenes, MD The Pain and Stress Management Center Austin, Texas "For any clinician involved with assisting athletes recover from injury, as well as providing services to enhance physical performance, this text will be indispensable. This book is a major accomplishment in the field of sports injury and treatment of musculoskeletal and neurological pain." Mark A. Kestner, DC, FIAMA, CCSP, CSCS Kestner Chiropractic & Acupuncture Center Murfreesboro, Tennessee Unique! Explores acupuncture treatments for sports injuries in the acute phase, rehabilitation, and prevention. Includes acupuncture for performance enhancement and injury prevention, emphasizing pre-event acupuncture used to help increase muscle output, assist with pre-competition stress, and prevent soft tissue injury. Provides evidence-based research to show the science behind the best and most effective techniques, based on the author’s background in neuroscience and his 35 years of clinical acupuncture experience. Offers an overview of the science of biomedical acupuncture including the mechanisms of acupuncture, anatomy and physiology of acupoints, and discussion of human healing potential. Uses terminology and concepts familiar to Western-trained health professionals, making the material easier to understand and incorporate into practice. Includes more than 100 illustrations showing anatomy, injury, and clinical procedures. Covers useful techniques including those that increase muscle force output, joint flexibility and stability; prevent sports injuries like muscle sprain, tendinitis, bone strain, stress/fatigue fracture and bone spurs; reinforce muscle output for specific sports; normalize physiology of dysfunctional soft tissues; predict treatment response; reduce physiological stress; use the new Vacuum Therapy for deep tissue dysfunctions; and balance the biomechanics of musculoskeletal system.

Charles Buck draws on three decades of study, practice and teaching in this book to provide a relevant and engaging account of the origins of acupuncture and Chinese medicine. From its pre-Han dynasty roots to Chinese medicine as we know it today, Buck covers the key texts, the main scholars and the concepts they have contributed, emphasising those that are more relevant to clinicians wishing to understand the authentic tradition. The information presented is based on diverse sources including original translations of Chinese sources and interpretations of the work of many prominent medical sinologists. With Buck's lucid and engaging style, Roots of Modern Practice provides an accessible and authoritative resource that will help practitioners and students deepen their understanding of this great medical tradition. A practical and modern appreciation of China's medical wisdom, this book will be of great value to students and practitioners of Chinese medicine and acupuncture, and anyone interested in the roots of this time-honoured medicine.

Synthesizing biomedicine and traditional acupuncture, this unique clinical manual allows medical professionals to learn acupuncture and implement it immediately into practice with ease. Biomedical Acupuncture for Pain Management explains the biomedical mechanism of acupuncture, as well as the non-specific nature of acupuncture and its neuro-psycho-immunological modulation. This straightforward system of acupuncture – termed INMAS by the authors – provides a quantitative method to predict the effectiveness of treatment for each patient and an individually adjustable protocol for pain patients. Introduction to the Integrative Neuromuscular Acupoint System (INMAS), as well as the Homeostatic Acupoint System (HAS), help western-trained acupuncturists understand classical techniques A 16-point evaluation method provides a reliable quantitative method to accurately arrive at prognosis Clinically relevant, integrative treatment approach in user-friendly language Numerous detailed tables, photos, and line drawings to help readers understand the anatomy, symptomatic signs, and clinical procedures Clear chapters organized by regional condition for easy readability and flow Case studies to assist with application of concepts in clinical practice Unique, clinical procedures for pain management with sections on examination and needling methods Two appendices for quick reference of acronyms,
In this book, we endeavor to introduce readers to the cultural background, origins and historical development of traditional Chinese medicine. We surveyed the most important events in its long history and the conditions that influenced its development, including the cultural and philosophical ideas and assumptions that led to the development of the particular methods and techniques of healing that characterize Chinese medicine. Our goal is not to give an exhaustive survey of the history and philosophy of Chinese medicine, but rather to convey the patterns of its development and allow readers to gain an understanding of the distinctive features of traditional Chinese medicine.

Clinical Acupuncture and Ancient Chinese Medicine weaves together historical perspectives, ancient wisdom, and modern medicine to provide a holistic, effective, and rewarding way to understand and apply acupuncture in clinical practice. Methodology for memorizing the function of acupuncture meridians and points is supplemented by nearly 600 high-quality images that illustrate point locations and needle insertion techniques. Algorithms for making diagnostic formulations, developing treatment strategies, and implementing effective therapeutic interventions are emphasized. Chapters also cover published outcomes data, the critical role of human psychology and spirituality in healing, and adjunctive therapies to acupuncture such as medicinal herbs and cupping. Authored by Dr. Jingduan Yang and Dr. Daniel A. Monti, two internationally known leaders and teachers of Chinese Medicine and Integrative Health, Clinical Acupuncture and Ancient Chinese Medicine is an ideal resource for a diverse range of health care practitioners and trainees including physicians, chiropractors, and licensed acupuncturists.

This book, the author reveals the ancient Ayurvedic system of acupuncture called Siravedhana or Marmapuncture which has remained secret for many years. It is a comprehensive introduction for the layperson to understand not only Ayurvedic acupuncture but Ayurveda also. On the other hand, through detailed drawings and explanations it is also an indepth instructional manual for practitioners.

What is acupuncture? In Acupuncture Revisited Dr. Yang has skillfully toiled through Eastern and Western medicines, successfully using needles to care for patients. There's no other book like this - anywhere!

This brief discourse is an introduction to the historical development of medicine in China, whose influence on Korea, Japan and Southeast Asia was profound and even reached far west into the Islamic world. The authors wish to make the interested reader aware of China's rich contribution to the world growth of the medical sciences. Too often the view has been taken that the history of medicine began with the discoveries of the Greeks and those ancient nations from whom they learnt. The authors want to redress this view and acquaint readers with a glimpse of the concepts and history of Chinese medicine and hope that they will feel encouraged to delve deeper. ... this volume is a compact, tantalizing excursion through centuries of medical tradition, in a range of cultures ... it does make a long, complex and fascinating history accessible to medical professionals and students of Chinese history who may be tempted to delve further into this rich and interesting field. American Journal of Chinese Medicine If you want a concise, easy-to-read, easy-to-absorb summary of events and trends from the 29th century BC to the present, this compact book will comfortably and quickly answer many questions. American Journal of Acupuncture Concepts of Chinese Science and Traditional Healing Arts gives an especially useful account of the historical achievements of Chinese medicine. Facet Economic Review

The Proceedings of the Calgary History of Medicine Days represent a series of volumes in the history of medicine and healthcare that publishes the work of young and emerging researchers in the field, hence providing a unique publishing format. The annual Calgary History of Medicine Days Conference, established in 1991, brings together undergraduate and early graduate students from across Canada, the USA, the UK, and Europe to give paper and poster presentations on a wide variety of topics from the history of medicine and healthcare from an interdisciplinary perspective. The History of Medicine Days offers an annual platform for discussions and exchanges between participants over recent research findings, methodological perspectives, or work-in-progress descriptions of ongoing historiographical projects. This book brings together a number of reviewed and edited conference papers, comprising topics from historical medical classics, physicianship and the doctor's role, military medicine, and disfigured bodies in anatomical and media perspectives. In addition, it includes the papers given by the conference's internationally renowned keynote speaker, Dr Guel Russel. It further comprises all of the abstracts of the conference for documentation purposes and is well illustrated with diagrams and images pertaining to the history of medicine. Alternative medicine is a fifty billion dollar per year industry. But is it all nonsense? The Whole Story rounds up the latest evidence on the placebo effect, the randomized control trial personalized genetic medicine, acupuncture, homeopathy, osteopathy and more. It reaches a provocative conclusion: alternative therapies' whole-body approach might be just what medicine really needs right now to help crack the tough, chronic conditions seemingly untouched by the revolutions of surgery, antiseptics, antibiotics, vaccines and molecular biology.

It is a form of holistic healthcare (a form of healing that considers the whole person -- body, mind, spirit, and emotions) that is used to prevent and treat certain diseases as well as relieve pain and anesthetize patients for surgery. Research shows that this began in China and has been practiced for more than 5,000 years. The earliest account of this is found in the book called Nei Jing which in English means the Yellow Emperor’s Classic of Internal Medicine. The contents of this book date somewhere around 200 BC. Back then, they did not use metal needles and instead used those made out of stone, moxibustion [the burning of moxa (a downy substance obtained from the dried leaves of an Asian plant related to mugwort) on or near a person's skin as a counterirritant] and herbs to treat a patient. Acupuncture prevents and treats diseases by inserting very fine needles into the skin specifically at the acupoint at the body. The principle behind this concept is that illnesses occur because there is an imbalance in your life force otherwise known as Qi. It is believed that this flows in 14 channels in the human body known as meridians which branch out to bodily organs and functions. If there is a blockage or obstruction in any of them, this is when you succumb to a disease or an illness. Get all the necessary info you need to know relating Medical Acupuncture.

Traditional Chinese medicine has a long and complex history, yet the basic principles of the heart of practice have remained the same, for the hundred years. Without a solid understanding of these fundamental theories, effective practice is impossible, and this book provides a complete introduction to everything that students and practitioners, both new and experienced, need to know. The book describes and explains all of the fundamental principles of Traditional Chinese Medicine, including yin/yang, the five elements, the 'zang and fu' organs, Zang Xiang, Qi, and the meridians and collaterals of the body. Explaining not only the principles upon which these elements work, but also how they interrelate, the book describes how they can be used in practice to identify, treat and prevent ill-health and disease. This thorough and accessible textbook, compiled by the China Beijing International Acupuncture Training Center (CBIACTC), under the editorial direction of leading Chinese clinicians Zhu Bing and Wang Hongcai, is essential reading for students of traditional Chinese medicine, and is also a useful basic reference for TCM practitioners.

Copyright: c981699442600f20e28e226959d0c8b8
Page 4/4